Thel's
SPRING MENU

2024

## Box Lunches

 caponata served with confetti rice.Tikka Masala \$15
Chicken Tikka Masala, biryani rice, spiced chickpeas \& pita bread.

Pork Loin \$15
Dijon glazed pork loin served with Brussels sprouts \& fried shallots.

Grilled Sirloin \$18
Grilled sirloin with crumbled gorgonzola cheese \& a balsamic glaze. Served with roasted potatoes, roasted vegetables, rolls \& butter.

Shrimp Pasta Primavera \$18
Garlic shrimp, penne pasta, primavera sauce, edamame \& spring vegetables.

Salmon Burger \$17
Citrus salmon burger, brioche bun, sriacha aioli \& sauteed quinoa with kale, edamame, chickpeas \& red peppers.

Grilled Salmon Filet \$17
Grilled salmon filet, spring pea sauce, sauteed quinoa with kale, edamame, chickpeas, \& red peppers.
*Minimum 15 Per Selection*

## Grain Bowls

> Southwest Rice Bowl \$16
> White rice, brown rice, \& quinoa served with toppings of tomato, black beans, guacamole, cilantro, corn relish, jack cheese, lime \& chipotle ranch dressing. Choose pulled pork, sliced chicken, or sliced beef.
> Choose two proteins for an additional \$4 pp Asian Rice Bowl \$16
> White rice, brown rice, \& quinoa served with toppings of kimchi, radish, cucumber, pickled onions, cilantro, carrots, edamame, almonds, \& ponzu sauce. Choose pulled pork, sliced chicken, or sliced beef.

> Choose two proteins for an additional \$4 pp *Minimum 15 Per Selection*

Turkey Reuben \$13
Toasted marble rye, oven roasted turkey breast, swiss, thousand island \& sauerkraut served with potato salad \& a fresh baked cookie.

Tuna Croissant \$11
Tuna prepared with lemon aioli on a gourmet butter crossiant served with quinoa salad \& a gourment dessert.
Pesto Grilled Chicken Wrap \$13
Grilled pesto chicken with garlic pesto, romaine, tomato, Asiago \& a pesto aioli served with pasta salad \& a gourmet dessert.
\$100 Minimum Order

## Box Salads

Caesar Salad \$12.50
Romaine, sliced grilled chicken, tomato, Parmesan crisps, Caesar dressing served with a gourmet dessert.
Greek Salad \$13.50
Romaine, sliced grilled chicken, feta, sweet red peppers, olives, pickled onions with tzatziki dressing served with hummus, pita points \& a gourmet cookie.
Tuna, Chicken \& Quinoa Salad Medley \$13 Served on a bed of lettuce, flatbread crackers, grape tomatoes \& egg slices served with quinoa salad \& a gourmet dessert.
\$100 Minimum Order

## Desserts

Strawberry Shortcake Shooters $\$ 4.50$ Luscious Lemon Bars \$2.75
Assorted Mini Cheesecake Bites $\$ 2.75$
*Minimum 20 per Selection*

